

WHEREAS; despite advancements in medical technology and research, men in the United States continue to live an average of five years less than women, and Black and Indigenous men experience a lower average life expectancy at birth than their white counterparts and the male population in the United States overall, according to the Centers for Disease Prevention and Control; and

WHEREAS; while each man has their own unique health needs, a variety of health issues disproportionately affect men and boys, including diabetes, heart disease, certain mental health conditions, and prostate, testicular, colon, and skin cancer; and

WHEREAS; according to a 2023 survey by Cleveland Clinic, men are often unlikely to prioritize healthy eating, schedule regular health screenings, or talk with medical professionals about stress and mental health; and

WHEREAS; research indicates that the rate of suicide among men is almost four times higher than that of women in the United States, underscoring the need to raise awareness of unrecognized and undiagnosed depression, mental stress, and emotional distress among boys and men; and

WHEREAS; it is essential to educate all Wisconsinites about the value of a healthy lifestyle, the importance of preventive care practices, and the signs and symptoms of common health issues to raise life expectancy, improve health outcomes, and ensure effective treatment and prevention measures among men in Wisconsin and nationwide; and

WHEREAS; this week, the state of Wisconsin joins all Wisconsinites in raising awareness of men’s health issues, working to increase access to quality healthcare and health education for all, eliminating existing disparities in health outcomes that men face, and supporting the health and well-being of Wisconsinites to ensure every person can lead a full and healthy life;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim June 2026 as

MEN’S HEALTH MONTH

and June 15 through 21 2026

MEN’S HEALTH WEEK

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 29th day of May 2026.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State